

# DIRECTIONS TO LAMBOURNE END CENTRE

Telephone: 0208 500 3047

Unfortunately Lambourne End Centre is not served by public transport and is on a busy country lane.

For Sat Navs our address is:

Lambourne End Centre, Manor Road, Lambourne End, Essex, RM4 1NB

To find us from:

M25 eastbound junction 26:

- Take the exit from the M25 at Junction 26 signposted to Loughton/Waltham Abbey.
- Follow the A121 (Honey Lane) to Epping.
- At the Wake Arms Roundabout take the 2<sup>nd</sup> Exit onto the B172 through Theydon Bois to Abridge.
- Shortly after a bridge over the river Roding, turn right at the 'T' junction to Market Place / A113.
- Turn left at the mini roundabout into Hoe Lane
- Go to the end of Hoe Lane and turn left at The Miller and Carter Pub
- The Centre is approx ¼ mile on the righthand side.

M25 junction 29:

- Take the exit from the M25 at Junction 29 signposted to Southend/Basildon/Romford/A127
- At the roundabout take the first exit towards A127 / London
- At the Gallows Corner Roundabout follow the A12 to London
- Follow the A12 for approx 3.5 miles
- Turn right at the Moby Dick pub onto the A1112 / Whalebone Lane North. Follow the A1112 and turn right at The Maypole Pub into Lambourne Road/Manor Road
- The Centre is 1 ½ miles on the right, past The Miller and Carter Pub.

M11 junction 5 Northbound:

- Take the Slip road off, signposted Loughton and turn right onto the A1168 / Chigwell Lane
- Follow the A1168 / Chigwell Lane and turn left at the roundabout along Abridge Road/London Road / A113
- In Abridge turn right at the mini roundabout into Hoe Lane.
- Follow Hoe Lane to the end and turn left at the T junction with the Miller and Carter Pub
- The Centre is approx ¼ mile on right.

From M11 Southbound Junction 7:

- Take the slip road off the M11 towards Chelmsford / Harlow A414
- At the roundabout take the third exit onto London Road / B1393 to Epping.
- Continue along B1393 and over the mini roundabouts through Epping High Street and beyond.
- Turn left at the Bell Hotel onto Theydon Road
- At the end of the road turn left at the T junction onto Coppice Road.
- Shortly after a bridge over the river Roding, turn right at the 'T' junction to Market Place / A113.
- Turn left at the mini roundabout into Hoe Lane
- Go to the end of Hoe Lane and turn left at The Miller and Carter Pub
- The Centre is approx ¼ mile on the righthand side.

**PLEASE NOTE: NO EXIT OFF M11 SOUTHBOUND AT JUNCTION 5.**

By Tube: Take the Central line to Hainault or Grange Hill station. There are cab offices next to both stations.

Look out for our front gate!

