







Waltham Forest Short Breaks Programme at Lambourne End Centre for Outdoor Learning







Autumn 2023 - Summer 2024

















"These days really are a lifeline..."









Waltham Forest Family Fun Days

Autumn 2023 - Summer 2024

We know that young people with disabilities or additional needs want to try new things, get adventurous and have fun! Even better is the chance to do all these things with your family, creating amazing memories together. At Lambourne End we are thrilled to invite young people in Waltham Forest who have a disability or additional needs, and their families to join our



"My son who is 5 and autistic absolutely loved the farm, stroking and feeding the animals."

Climbing*

Woolly Jumper

Fencing*

Eggs can Fly

confident and really came out of

his shell."

"The days are really interactive and hands on!"

Each Family Fun Day is 11am - 4.30pm

Places must be booked in advance. Everyone will be able to do two of the activities on offer. Lunch is provided. Transport to and from the Centre can also be provided from a central point to a limited number of families.

Sunday 2nd June 2024 Kayaking* Farm Tour Abseiling* Bush Craft	"I was scared of taking part in the caving session but the staff were so nice and encouraged me to give it a go; I didn't think I could do it as I'm scared of the dark and small spaces but I did it with the help of the staff. I love it, it was great fun!"
"My youngest son had a fear of mimals before visiting. Today he animals before visiting. Treally animals and really touched the animals and really touched himself. The staff real help enjoyed to put him at ease and helped to put his fear. Thank helped to put his fear. Thank him overcome his fear.	Friday 26th July 2024 Raft Building* Pony and Cart Caving* Mini Beast Hunting
Thursday 15th August 2024 Archery* Goat Show Ropes Course* Pond Dipping	"I love being able to experience new things with my son, especially when the whole family can get "The fact that all of my children were able to hold the animals and feed them was great."

"Absolutely fabulous - excellent venue and amazing staff."

* These activities are for over 8 year olds only (All other activities are all age)



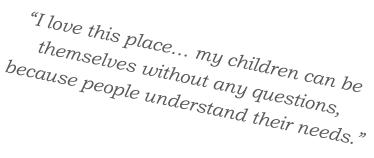
"The smiles on my family's faces, and the amount of fun they had throughout was amazing for me to see as a mum."

"The staff made everything perfect."



"A good bonding experience for my children who normally do not like doing joint activities. Also a fun day out in a relaxed atmosphere where the staff and other families will understand if my children get upset, anxious, lively, etc."





"Thank you for putting a smile on my child's face."

For more information, or to request a booking form contact Carolan Casey: 020 8500 3047 ext 221 carolan.casey@lambourne-end.org.uk www.lambourne-end.org.uk

Waltham Forest Family Fun Days at Lambourne End are funded by the London Borough of Waltham Forest as part of the Short Breaks Programme.



