

Investing in Extraordinary Futures

Help thousands more young
people **reclaim their own journey**



Growing up is no mean feat

In your first moments, you could have become anything. The world was your oyster, the sky your limit.

However, life presents many twists, turns and unexpected obstacles.



Unexpected hardships



Family traumas



Worrying about the future



Loneliness & isolation

What helped you navigate these to find your path?



A sense of belonging



A safe, caring space



Uncovering what you shine at

Your journey has been underpinned by a trail of decisions that ended in who you are right now, the person reading this page.

Welcome, we're glad you made it.

Too many childhoods in Greater London are being lost.

Everybody deserves a fulfilling childhood but the reality is that it is challenging for many.

You could have faced trauma, caring for others, isolation, criminal exploitation, coping with a disability or learning difficulty or having your life mapped out from an early age.



Young people in London are:

31% more likely to be living in poverty*

8.5x more likely to be involved in criminality**

Enduring
63% cut in council funding affecting youth services.***

* Trust for London Proportion of Londoners in poverty after housing costs 21/22 (10-14yrs)

** Gov UK Youth Justice Statistics 21/22 (10-17yrs) vs Met Police Crimes committed teenagers London Boroughs 2021 (13-19yrs).

***Comparing 2020 to 2010. Greater London Authority, 2.8 Million Mind Manifesto 2022

And the need is increasing

Young people in greater London need more access to alternative education.

Since the pandemic in our local borough of Havering the number of young people in need of alternative education has trebled.

Here at **Lambourne End Centre**, we have seen the number of schools making regular weekly visits increase from

6 to 26

Access to a change in environment, time in nature and new ways to build resilience are critical to well-being.

NHS England is reporting a

↑ **50% increase**

in probable mental health problems affecting 7-16 year olds in 2022 compared to 2017.



Alfie's story

14-year-old Alfie watched as his father was violently murdered. How could one child bear something so devastating?

Struggling with the mainstream system, Alfie dropped out of school and found his way to cope through drugs and crime.

He came to us with a cap covering his face and a hoodie over the top. He outright refused to talk to other young people and found talking to staff difficult and uncomfortable. Alfie was only willing to work with those who couldn't speak his language – the animals.

Alfie relaxed around the animals, particularly the chickens, which led to conversations with other people. Slowly, the hood and cap were replaced by a smile. At his lowest, "Lambourne End Centre was the only positive thing in his life".

Over time, Alfie's confidence grew as he found a place where he could be a teenager without external pressures. He gained recognised qualifications in Animal Care and Animal Management at Lambourne End Centre.

With us, Alfie got to do things at his own pace. He connected with others through animals and found a happier path to pursue with better aspirations.



Perfectly positioned on London's doorstep

Just 20 miles from the centre of London, Lambourne End Centre's 54-acres of natural space provides a place of belonging and a sense of purpose.

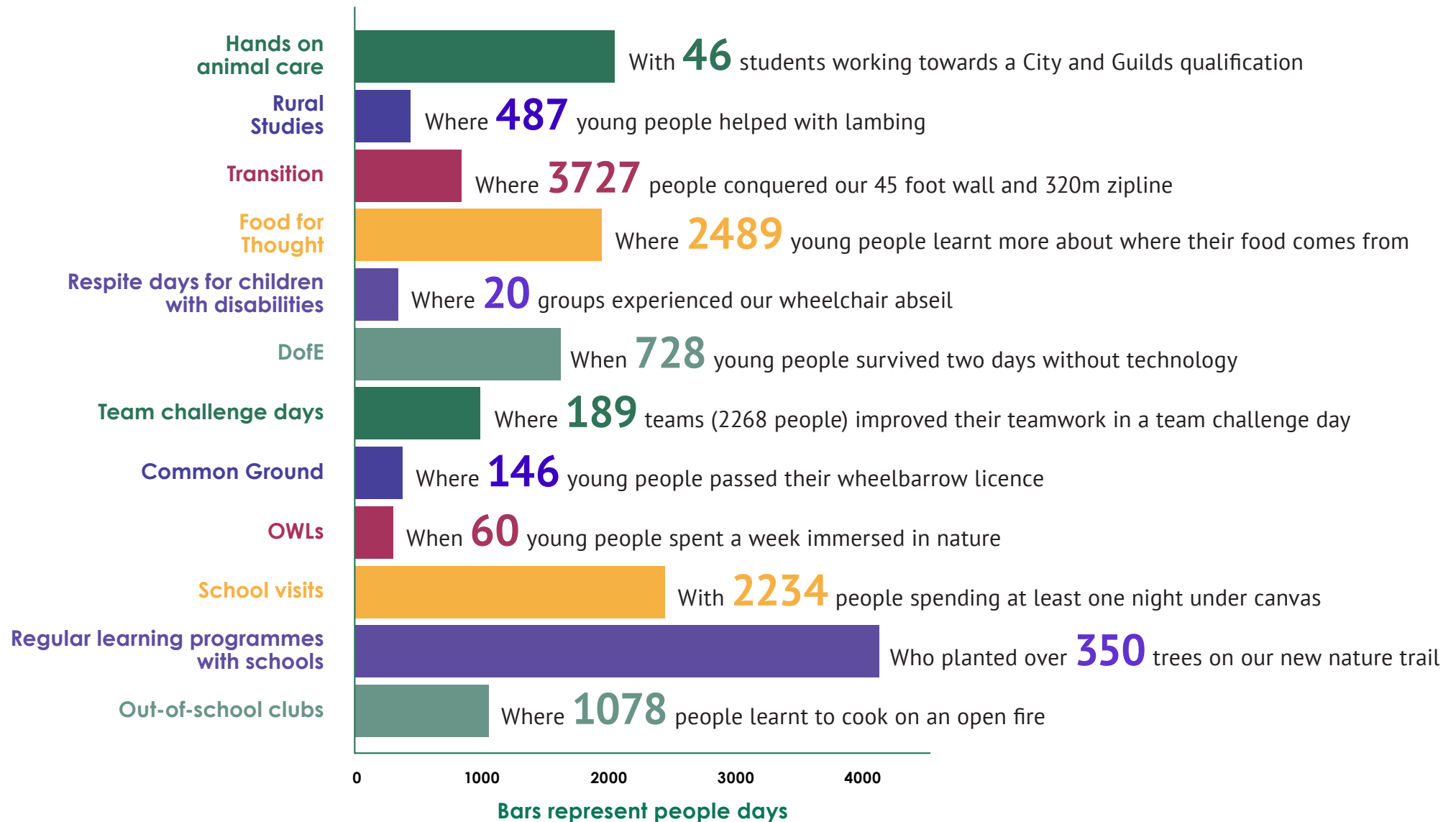
Nurturing people in nature

Our programmes are tailored for improving health and well-being, supporting personal development and climbing towards full potential.

People take part and learn from others through adventure, play and risk, become curious about the world around them, understand how it cares for them and their role in nurturing it for future generations.












Every year, Lambourne End Centre inspires over 10,000 people across London Boroughs & Essex



Existing facilities

Map key

-  Fields
-  Woodland and hedgerows
-  Classrooms
-  Farm buildings
-  Visitor accommodation
-  Swimming pool and pond
-  Other site buildings
-  Nature trails
-  Zip lines

Raise aspirations and prospects. Growing, nurturing and harvesting to provide food for the local community.



Develop skills to protect the natural world, such as beekeeping or tree planting.



Improve teamwork by grooming a horse or mucking out the pigs; **develop life-long skills** with our accredited vocational qualifications.



HAINAULT FOREST



Build confidence and self-esteem crawling through dark tunnels, climbing a 14m wall and descending a 320m zip line.



Enhance trust and communication scaling a high wall, crossing a chasm or building a fence.



The extraordinary journey



Patrick's story

Pat's autism meant that following school, he found it tough to find his place in the world. Instead, he spent 2 years in his bedroom playing video games, becoming more and more disconnected from the real world.

He took some persuading from his Mum to see if Lambourne End Centre might be worth trying. At first, Pat would sit in the car for an hour and go home again, too anxious to get out. Slowly, he built up to walking around the garden, then attending Food for Thought for half a day per week, being sure to leave on time. Pat started to settle in and feel part of the team.

Soon after, Pat was attending two full days a week and travelling alone on public transport. His confidence increased, and his skills developed rapidly as he felt more comfortable with us. He worried less about leaving on time and focused more on completing his task, such as staying late to water the plants on a hot day.



In four and a half years, Pat became an integral part of Lambourne End Centre and a role model to others. Pat then asked us if he could work towards a formal qualification. After two more years, he gained a Certificate in Horticulture.

Pat continued volunteering to help others whose situations were similar to his, before deciding he was ready to look for employment.

With us, Pat went from social isolation to being ready for a career. He found people who understood his needs and gave him the space to figure out who he was.

We're at the limit of what we can do

- Our residential and camping facilities are **fully booked for 2024.**
- Each of our learning programmes currently have **lengthy waiting lists.**
- Each month we **turn away on average 20 groups** wanting to benefit from our work.



**We need
your help**








Without significant capital investment, we have reached the limit of our facilities and are unable to meet current demand.

We believe we have the experience, the programmes and the know-how to help more young people orientate themselves, reveal their abilities and fulfil their potential to reclaim their future.



Our vision for the future

Map key

-  New classrooms
-  New action adventure facilities and courses
-  New sustainable infrastructure and accommodation
-  New lake
-  Existing site buildings
-  New nature trail



2 New eco-villages

Environmentally sustainable, carbon neutral accommodation for up to 60 people in five, 12 berth, cabins to allow for single or multi group occupancy, creating flexibility to keep filled to capacity.



Training kitchen

A fully equipped training kitchen for the preparation of produce for the shop and food for the café.



High ropes course & assault course

To increase the number of activities available at any one time, that help build trust. Improve communication and raise confidence and self-esteem.

The Lake

An upgrade from our currently limited outdoor pool, the lake will increase biodiversity and allow more adventurous raft building and kayaking, plus we can add canoeing, rowing, paddle boarding, dragon boating, sailing and fishing.





New Glamping

Additional camping space will introduce more young people to camping and walking through DofE expeditions and help many of our overnight visitors feel a closer connection to nature.



Dining and day rooms

Existing accommodation converted in to a dining room and additional classrooms around the courtyard.



ULEZ compliant mini buses

Replace our existing fleet with 5 ULEZ compliant mini buses which is necessary before October 2025.



Solar PV farm

Create a solar PV farm on site to provide electricity and move the Centre towards becoming carbon neutral.



Sewage treatment plant and reed bed drainage system

Replace our struggling existing sewage treatment plant and add reed bed drainage in order to cope with increased use.

Millie's story

Millie struggled with her mental health throughout her early teenage years. She self-harmed, attempted to take her own life and spent substantial periods in the hospital.

Millie first came to Lambourne End Centre with her school and instantly felt connected with the site. Almost immediately, Millie had found her safe space where she felt happy and valued. She fell in love with the goats, the horses and finally found people who understood her as they had shared similar struggles and loved the animals too.

Millie's confidence soared and she began to thrive, even volunteering with us at the weekends.

The pandemic brought pressures and worries for Millie, not helped by Lambourne End Centre having to close for several months. Without a safe space to visit or a place to belong, things proved too much.

In 2020, Millie took her own life.

With us, Millie got to breathe. She could escape her worries for a little while and enjoy being a teenager with people who understood her.



We **urgently** need to increase our capacity

Think about the opportunities that you've been lucky enough to experience that have made you into who you are. You could provide those opportunities to others who haven't been so lucky. Whatever their barrier is, you can knock it down for them.

£1.5 million



will help us to strive to meet the current demand, increasing our capacity by **25%** to work with **12,500 people a year** including intensive long-term programmes for more young people like Alfie, Patrick and Millie.

Key deliverables

- Increased accommodation with new glamping pods
- New training kitchen and cafe
- High ropes and assault course
- ULEZ compliant mini buses
- Upgraded sewage treatment plant



£5 million

will increase our capacity by **50%**, enabling us to work with **15,000 people a year** and support our vision to maximise opportunities for people to grow to their full potential.

Key deliverables

- Increased accommodation with two new eco villages
- Creation of a lake
- Solar PV farm & reed bed drainage system



With your support, we can

Fulfil our ambition to create modern, environmentally sustainable accommodation with much greater flexibility that cultivates people's connections to the world around them and inspires positive lasting change.

And enable
more extraordinary
futures

Everybody deserves equal opportunities to live life to the fullest. You can help hold their ladder to the sky or prize open their oyster to discover a beautiful pearl.

Be part of restoring the wonder of childhood for these people by providing the compass that supports them as they navigate their journey. Help them find peace, give them hope and a chance to be the person they can be.

**Inspired to
inspire**



and help more young people like...



While preventing tragedies like...

Laurelle to build confidence before transitioning to her new school.

Alfie to smile again after witnessing the murder of his dad by connecting with animals.

Millie, who relied upon Lambourne End Centre to feel safe and at peace before COVID limited her access to us, leading to her taking her own life.

Rowan to stay away from drugs and a life in prison by discovering a love of gardening.

Patrick to overcome social isolation and anxiety caused by his autism by getting involved in gardening.

Tim to find somewhere where he is not shouted at and feels valued and accepted in order to build confidence to gain employment.

Becky to raise her aspirations and gain qualifications after going into care, being expelled 3 times with low self-esteem and at risk of teen pregnancy.



Thank you!

Get in touch

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