

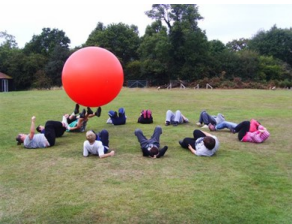


**Essex Short Breaks Programme at  
Lambourne End Centre  
for Outdoor Learning**

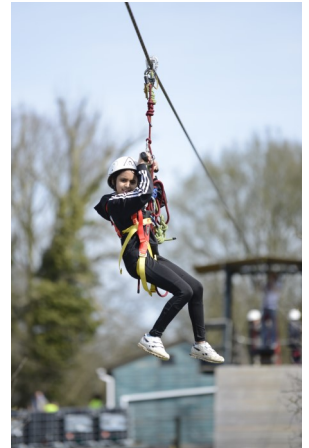


# Fun Days

**Essex**



**Dates for Spring and Summer  
2022**



*"These days really are a lifeline..."*



# Essex Fun Days

Spring and Summer 2022

We know that young people with disabilities or additional needs want to try new things, get adventurous and have fun! At Lambourne End we are thrilled to invite young people in Essex who have a disability or additional need to join our

## Fun Days!

**Thursday 17th  
February 2022**

**Crossbow**

**Bush Craft**

**Fencing**

*"The Fun days are very beneficial for my son; he has experienced many activities which I assumed were not possible, e.g. fencing, climbing and caving. I would never have thought he was capable to try the activities!"*

**Sunday 13th March  
2022**

**Zip Line**

**Rockets**

**Goat Show**

*"After every visit to Lambourne End my daughter has grown in confidence, which has stayed with her. She comes away from each visit chattier, more confident and showing less anxiety."*

*"I can't thank you enough for these Fun Days - I have never seen my child so involved and keen about anything until now."*

*"The days are really interactive and hands on!"*



# Each Fun Day is 11am - 4.00pm.

Places must be booked in advance. Young people must be aged 8 or over.  
Transport to and from the Centre can be provided from Saffron Walden,  
Bishops Stortford, Harlow and Epping.

## **Wednesday 6th April 2022**

**Ropes Course**  
**Pony and Cart**  
**Archery**

*"My daughter thinks she is not able to do what other people can, so doesn't try. At the Fun Day she was exactly the same as everyone else, and was able to achieve what others could achieve. The day really increased her confidence."*

## **Friday 27th May 2022**

**Abseiling**  
**Raft Building**  
**Caving**

*"My son has been able to overcome some of his fears - after doing caving he is no longer scared of the dark!"*

## **Sunday 26th June 2022**

**Climbing**  
**Eggs can Fly**  
**Farm Tour**

*"My child came home smiling, happy and relaxed - thank you so much!"*

*"My son thoroughly enjoyed every aspect of the Fun Day. He couldn't stop talking about his visit for days and days and days."*

## **Saturday 23rd July 2022**

**Kayaking**

**Zip Line**

**Farm Tour**

*"My son loved the goats, and doing the Pony and Cart activity. His eyes lit up when he spoke about the day, and he was full of enthusiasm. He was buzzing for days."*

*"The staff made everything perfect."*

## **Tuesday 23rd August 2022**

**Raft Building**

**Mini Beast Hunting**

**Goat Show**

*"My son thinks Lambourne End and the staff team are awesome and he wants to come back every week!"*

*"Lovely to see my daughter's confidence grow doing a wide variety of new*



*"I love this place... my child can be himself without any questions, because people understand his needs."*

*"Thank you for putting a smile on my child's face."*

**For more information, or to request a booking  
form contact Carolan Casey:**

**020 8500 3047 ext 221**

**[carolan.casey@lambourne-end.org.uk](mailto:carolan.casey@lambourne-end.org.uk)**

**[www.lambourne-end.org.uk](http://www.lambourne-end.org.uk)**



Essex Fun Days held at the Lambourne End Centre are funded by Essex County Council as part of the Short Breaks Programme.